WHAT IS CLAIMED IS:

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- 1. A method for increasing the size of a frame of digital data from a first number of original symbols (L) to a second number of symbols (N), where the digital data comprising the
- frame is ordered from a first bit to an Lth symbol, the method comprising the steps of:
 - (a) Receiving the frame;
 - (b) Storing in a digital memory a first integer number (M) of copies of each of a first group of the original symbols, where M is greater than 1;
- 10 (c) Storing in the digital memory at least one copy of each of a second group of the original symbols;
 - (d) Further processing the symbols stored in the digital memory according to steps (b) and (c) in a digital communications system;
 - wherein the frame consists of the first group and the second group and the first group and the second group are mutually exclusive; and wherein steps (b) and (c) are performed such that the total number of symbols copied to the digital memory in steps (b) and (c) is equal to N.
- The method according to claim 1 wherein step (b) is performed such that each of the
 second group of symbols is multiplied by the same number X.
 - 3. The method according to claim 2 wherein X = M+1.
 - 4. The method according to claim 3 wherein the first group and the second group are selected by serially processing the symbols.
- 5. The method according to claim 4 wherein symbols are selected to be in the first group or the second group such that the ratio between A/B is as close to 1 as possible, where A is

the total number of symbols that have previously been selected for the first group and B is the total number of symbols that have previously been selected for the second group.

6. The method according to claim 1 wherein M=floor(N/L).